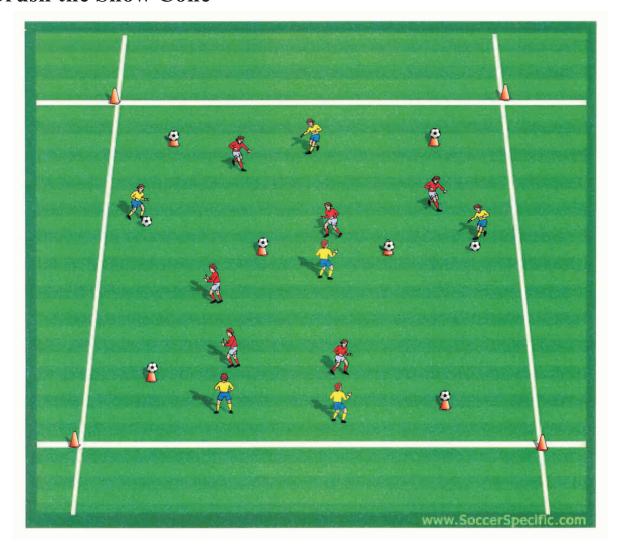
Crush the Snow Cone



Purpose: Opposed passing to a target

Organization

- 1. Teams are split into two, a red team and a yellow team
- 2. The yellow team has to keep possession of the two soccer balls that are in the field of play and try and hit the balls off the cones
- 3. The red team has to defend and not allow them to strike the ball off the cones

Coaching Points

- 1. Keep your head up to see where the snow cones are not defended
- 2. Use either the laces or side of foot to knock balls off the cone
- 3. If the cone is defended dribble off to find the open cone